

TAI CHI SWORD (YANG STYLE)

1. The Beginning
2. Step forward & prepare Sword
3. Fairy points the Way
4. Three Rings encircle the Moon
5. Big Dipper
6. Swallow skims the Water
7. Sweep Right & Left
8. Little Dipper
9. Yellow Bee enters the Hive
10. Clever Cat chases Mouse
11. Dragonfly touches Water
12. Swallow enters the Nest
13. Fairy points the Way
14. Phoenix spreads Wings
15. Cyclone Sword, Right
16. Little Dipper
17. Cyclone Sword, Left
18. Awaiting Fish
19. Probing grass, Searching for Snake
20. Embrace Moon
21. Sending Bird back to Forest
22. Black Dragon swinging Tail
23. Wind ruffles Lotus Leaves
24. Lion waves Head
25. Tiger hides Head
26. Wild Horse jumping across Stream
27. Turn, Rein in Horse
28. Compass
29. Dusting against the Wind
30. Pushing Boat Downstream
31. Falling Star chasing the Moon
32. Sacred Horse flying over Waterfall
33. Raising Curtain
34. Wheeling Sword, Left & Right
35. Swallow pecking the Earth
36. Great Eagle spreads Wings
37. Scooping for Moon at Sea Bottom
38. Embrace Moon
39. Night Devil searching the Sea
40. Rhinoceros looking at the Moon
41. Shooting Geese with Bow & Arrow
42. Blue Dragon stretches Claws
43. Phoenix spreads Wings
44. Sweep Right & Left
45. Shooting Geese
46. White Monkey offers Fruit
47. Blossoms falling Left & Right
48. Fair Lady works at Shuttles
49. White Tiger twirling Tail
50. Carp jumping over Dragon Gate
51. Black Dragon intertwines Column
52. Fairy points the Way
53. Wind sweeps away Plum Blossoms
54. Hands holding Ivory Tablet
55. Holding Sword, Return to Beginning